


YOUTHTOWN

OUR CURRICULUM


Our curriculum is constructed from building blocks that support one big idea: empowered young people, engaged in their communities!


Our curriculum:


- guides how we design our programmes
- acts as a compass to keep us true to our course
- is a great filter when we make decisions
- is like a road map that shows the changes that might happen along the way
- is a body of knowledge that is a living, growing thing!


OUR ULTIMATE GOAL:	THEIR OUTCOME (What changes for them)	OUR OUTPUT (What we do)
<p><i>Empowered young people, engaged in their communities</i></p>  <p>Run towards your greatness!</p>	<p>Young people's connection to their world is transformed.</p> <p>Real world application:</p> <p>When young people thrive, the whole community benefits and so does the world! Young people experience the awesome value of placing trust and forging connections to supportive people and places. Feeling equipped for your journey ahead, whatever it may throw at you, is exactly what Youthtown is here for.</p> <p>NZ Curriculum Links: Relating To Others, Operating In Social Groups, Managing Self</p>	<p>Every Youthtown programme:</p> <ul style="list-style-type: none"> • Honours what each young person brings, their connections and their world(s) • Acknowledges what is right with a young person • Treads lightly but with purpose in young people's lives • Builds self-esteem and improves self-confidence • Supports young people to have a voice • Promotes opportunities for generosity, agency and self-determination

THE BUILDING BLOCKS

LEARNING LIFE SKILLS	THEIR OUTCOME (What changes for them)	OUR OUTPUT (What we do)
 <p>Learning a whole heap of skills at once (with an audience)!</p>	<p>Children and young people are equipped with a wide range of skills to have agency in their world(s).</p> <p>Real world application:</p> <p>Having a diverse skillset hopefully makes you a very useful person to the world you're in now, but it also gives you the ability to open more new doors with confidence. A healthy portfolio of skills and experiences and the language to articulate these reflectively to employers is something we can really help with at Youthtown.</p> <p>NZ Curriculum Links: Thinking, Using Language, Symbols and Texts, Using Tools Interactively</p>	<p>We design programme elements that:</p> <ul style="list-style-type: none"> • Teach practical life skills • Focus on enjoyment of learning something new • Create space for problem-solving, critical thinking and personal reflection • Promote curiosity and re-frame failure • Support young people feeling useful • Encourage a sense of developing towards competence in something

WORKING COLLABORATIVELY	THEIR OUTCOME (What changes for them)	OUR OUTPUT (What we do)
 <p>Teamwork makes the dream work!</p>	<p>Children and young people can collaborate to think critically.</p> <p>Real world application:</p> <p>In the classroom and workplace beyond, the ability to gel and forge thoughtful, successful and productive relationships with others is key. Creating a space for young people to contribute, refine and recognise the value of individual contribution towards a group goal is how Youthtown can be useful here.</p> <p>NZ Curriculum Links: Managing Self, Relating To Others, Participating and Contributing</p>	<p>We design programme elements that:</p> <ul style="list-style-type: none"> • Embed and celebrate diversity • Promote inclusivity and belonging • Focus on joy and play in a group dynamic • Bring out the best in individuals, together • Give chances to contribute and share • Build a sense of interconnectedness and interdependence

BUILDING RESILIENCE	THEIR OUTCOME (What changes for them)	OUR OUTPUT (What we do)
 <p>How's that for a challenge?</p>	<p>Children and young people know how to grow from adversity.</p> <p>Real world application:</p> <p>Building healthy habits now is vital for a healthy future. Being able to understand how to dig deep and advance through the many situations life will throw is a huge advantage. Youthtown creates safe spaces for children and young people to have formative experiences which support this resilience journey.</p> <p>NZ Curriculum Links: Thinking, Managing Self, Operating In Social Groups</p>	<p>We design programme elements that:</p> <ul style="list-style-type: none"> • Address challenge • Introduce things to fix, solve or sort • Require commitment • Develop and promote self-awareness • Refine self-control and coping skills • Hone physical and mental focus • Support wellbeing

UNLOCKING POTENTIAL	THEIR OUTCOME (What changes for them)	OUR OUTPUT (What we do)
 <p>Congratulations - you just unlocked the next level!</p>	<p>Children and young people can leverage their strengths towards their goals.</p> <p>Real world application:</p> <p>Finding out what you're good at early on can help with a sense of general life direction, but it doesn't have to define you. A healthy understanding of what you're drawn to helps you hone your filter on life, assisting you to make better decisions and follow your path: Youthtown staff's role is to journey alongside in these important moments and life junctions.</p> <p>NZ Curriculum Links: Thinking, Managing Self, Acting Autonomously, Using Language, Symbols and Texts</p>	<p>We design programme elements that:</p> <ul style="list-style-type: none"> • Back young people and their dreams • Support personal growth • Enhance connections and connect with opportunities • Explore and celebrate personal strengths • Encourage mindfulness • Tap into enthusiasm • Develop a sense of purpose